
MARCH NEWSLETTER

STEP 3

Made a decision to turn our will and our lives to the care of God and we understood Him. (Pages 25-33 Big Book)

3RD STEP PRAYER

“God, I offer myself to Thee – to build with me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life. May I do Thy will always!”

TRADITION 3

The only requirement for A.A. membership is the desire to stop drinking.

CONCEPT 3 (LONG FORM)

“As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus ensuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”



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“CARRYING THE MESSAGE IS THE BASIC SERVICE THAT OUR FELLOWSHIP GIVES, THIS IS OUR PRINCIPAL AIM AND THE MAIN REASON FOR OUR EXISTENCE. THEREFORE A.A. IS MORE THAN A SET OF PRINCIPLES, IT IS A SOCIETY OF ALCOHOLICS IN ACTION. WE MUST CARRY THE MESSAGE, ELSE WE OURSELVES CAN WITHER AND THOSE WHO HAVEN’T BEEN GIVEN THE TRUTH MAY DIE. HENCE AN A.A. SERVICE IS ANYTHING WHATEVER THAT HELPS US TO REACH A FELLOW SUFFERER - RANGING ALL THE WAY FROM THE 12 STEP ITSELF TO A 10 CENT CUP OF COFFEE AND TO A.A.’S GENERAL SERVICE OFFICE FOR NATIONAL AND INTERNATIONAL ACTION. THE SUM TOTAL OF ALL THE SERVICES IS OUR THIRD LEGACY OF SERVICE.” BILL W. - A.A.’S LEGACY OF SERVICE



THE ONE DAY AT A TIME IS THE LOCAL NEWSLETTER PUBLISHED BY THE AREA 1 DISTRICT 14 CENTRAL OFFICE OF ALCOHOLICS ANONYMOUS. THE MONTHLY PUBLICATION PROVIDES CURRENT INFORMATION ABOUT MEETINGS, UPCOMING AA RELATED EVENTS, AND ARTICLES OF INTEREST SUBMITTED BY LOCAL MEMBERS. IT ALSO INCLUDES A MONTHLY FINANCIAL REPORT OF CONTRIBUTIONS BY THE AA GROUPS IN DISTRICT 14 AND THE BUSINESS MINUTES FROM THE INTERGROUP MEETING HELD THE 3RD MONDAY OF EVERY MONTH.

DISCLAIMER: THE ONE DAY AT A TIME NEWSLETTER IS THE MONTHLY NEWSLETTER OF THE AREA 1 DISTRICT 14 INTERGROUP OF ALCOHOLICS ANONYMOUS. OPINIONS CONTAINED HEREIN ARE STRICTLY THOSE OF THE AUTHOR(S). WE RESERVE THE RIGHT TO EDIT SUBMISSIONS FOR CLARITY, LANGUAGE, LENGTH, AND ANY CONTENT WHICH MAY VIOLATE THE AA TRADITIONS. PUBLICATION OF OPINIONS, ARTICLES, AND ANNOUNCEMENTS DOES NOT REPRESENT, EXPRESS, OR IMPLY ENDORSEMENT OR APPROVAL BY AA AT ANY LEVEL. AA LITERATURE REPRINTED WITH PERMISSION OF AAWS. AA AND ALCOHOLICS ANONYMOUS ARE REGISTERED TRADEMARKS OF AA WORLD SERVICES, INC.

LETTER FROM THE EDITOR

Never be a
prisoner
of your past.
It was just a
lesson, not
a life sentence.

I am truly grateful for the opportunity to serve as the Area 1 District 14 ODAAT Newsletter chair. The newsletter is designed to keep you up to date on the latest happenings in our AA Community. My goal is to keep you as informed and as engaged as possible! Input from other groups and members are encouraged and welcomed! It takes a village! Please send any submission requests and birthday announcements to: **district14odaat@gmail.com**. (Please do not submit to my personal email) To ensure your request is published, please submit them no later than the last Monday of each month. For birthday announcements, please include the group name in the "Subject" heading of the email, and the date format should be: month/date/year. (Example: 01/01/2025)

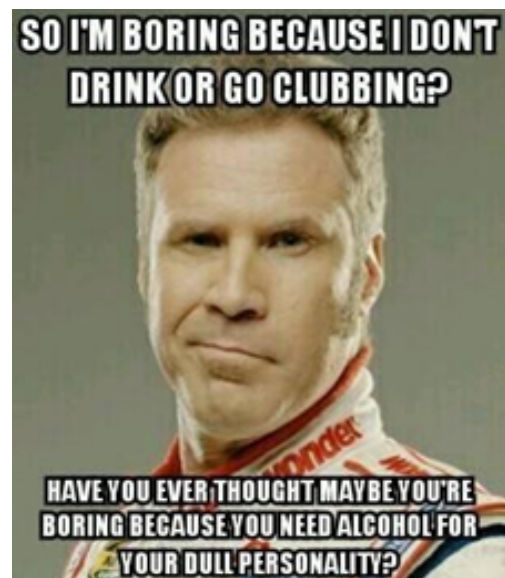
I'm always available by email, phone or text. **850-467-8712**.

Thank you for the opportunity to serve!

Jen Day

MESSAGE FROM YOUR CHAIR

THANKS FOR ALLOWING ME SERVE AS YOUR INTERGROUP CHAIRMEN, IT REALLY IS A PLEASURE. ONLY A FEW NEW ITEMS SINCE LAST MONTHS NEWSLETTER. WE ARE DOWN TO 2 OPEN POSITIONS. FIRST AND FOREMOST THANK YOU GREG H FOR RAISING YOUR HAND TO BE OUR BOOK FUND CHAIR. UNFORTUNATELY GREG'S JOB REQUIRES HIM TO BE GONE MORE THAN HE'S HOME, SO HE GRACIOUSLY STEPPED DOWN. OUR FRIEND JEN G IMMEDIATELY STEPPED IN AND PICKED UP WHERE HE LEFT OFF, SHE'LL STAND FOR THE POSITION MARCH 17TH AT THE MONTHLY INTERGROUP MEETING. TY JEN G, THAT SAID, THE BOOK FUND CHAIR POSITION IS OPEN AS OF FEB 24TH, IF YOU WANT TO STAND FOR THIS POSITION PLEASE BE AT THE MONTHLY INTERGROUP MEETING MARCH 17TH. ALSO THE INTERGROUP QUARTERLY EAT AND SPEAK CHAIRPERSON POSITION IS STILL AVAILABLE, NO ONES SHOWN INTEREST AS OF TODAY, WE'RE PRAYING SOMEONE WILL SOON, WE HAVE GROUPS ALREADY COMMITTED FOR MARCH AND JUNE. BOTH POSITIONS REQUIRE AT LEAST A YEARS SOBRIETY. DUE TO UNFORESEEN CIRCUMSTANCES THERE ARE SEVERAL TEMPORARY OR PERMANENT POSITIONS OPEN AT CENTRAL OFFICE. IF YOU HAVE A YEARS SOBRIETY AND ARE WILLING TO HELP US OUT, PLEASE CONTACT ME, I CAN WORK WITH YOU ON HOURS. THAT IS ALL, THANK YOU FOR MY SOBRIETY, IT TRULY IS A PRICELESS GIFT. HOPE TO SEE YOU AT THE QUARTERLY EAT AND SPEAK MATCH 29TH, TILL THEN STAY SAFE AND PLEASE CONSIDER SERVICE IF YOUR NOT ALREADY INVOLVED IN ALCOHOLICS ANONYMOUS, WE NEED YA.




BIRTHDAY CELEBRATIONS!

MOSSY HEAD COMMUNITY GROUP

- GROUP ANNIVERSARY 03/11/1998 27 YEARS
- RUSS B 03/19/1985 40 YEARS

DECKHANDS GROUP

- DEBRA B 03/05/2020 5 YEARS
- NANCE M 03/07/2024 1 YEAR
- BILL J 03/13/1996 29 YEARS

A photograph of a birthday cake with several lit candles. The candles are in various colors (red, yellow, blue) and are lit, with their flames visible. The cake is decorated with blue frosting and white sprinkles. The background is dark and slightly blurred.

THE BIRTHDAY
GIFT THAT KEEPS
ON GIVING:

sobriety

ATTENDANCE: IN PERSON (14) – ZOOM (1)

INTRODUCTION

- THE MEETING OPENED @ 6:30PM WITH THE SERENITY PRAYER.
- TRADITIONS 2 AND 9 WERE READ.
- INTERGROUP CHAIR, JAMIE L. WELCOMED NEW INTERGROUP REPRESENTATIVES MIKE M. FROM MIRACLE GROUP AND ELIZABETH FROM PRIMARY PURPOSE GROUP.

COMMITTEE REPORTS

● SECRETARY REPORT (SUJI G): JAN 20, 2025 MINUTES ACCEPTED AS READ.

● TREASURER'S REPORT (JOHNNIE C): FOR JAN 2025

○ MOTION TO ACCEPT AS READ AND SECONDED. MOTION PASSED.

● BOOK FUND REPORT (GREG H): N/A

• CHAIR REPORT (JAMIE L): ALL GOING WELL.

○ FLYERS ON TABLE FOR INTERGROUP BREAKFAST ON MARCH 2ND @ AMVETS POST 78, 910 VALASTICS AVE IN VALPARAISO, FL 32580. HOSTED BY WEEKENDERS GROUP AND LINDA

W. IS SPEAKER. BREAKFAST IS \$9.00 @ 9:30 AND SPEAKER @ 10:30. LAST TWO INTERGROUP BREAKFASTS HAVE BEEN AMAZING WITH GREAT SPEAKERS AND ATTENDANCE. "FILL YOUR A.A. CUP EARLY SUNDAY MORNING THEN YOU GET TO ENJOY THE REST OF YOUR SUNDAY."

○ FLYERS ON TABLE FOR QUARTERLY EAT AND SPEAK ON MARCH 29TH @ FIRST PRESBYTERIAN CHURCH, 134 BEAL PKWY, SW, FORT WALTON BEACH, FL. HOSTED BY MIRACLE GROUP. A.A. SPEAKER, MIKE K. FROM BROWN BAGGERS GROUP. AL-ANON SPEAKER, ELIA S. FROM TGIF. POTLUCK DINNER.

○ PLEASE SUBMIT SOBRIETY ANNIVERSARIES TO ODAAT CHAIR, JEN D. NO LATER THAN THE 20TH OF EVERY MONTH. IT IS OUR GOAL TO HAVE THE ODAAT NEWSLETTER OUT THE FIRST MONDAY OF THE MONTH,

○ "AREA ASSEMBLY IS COMING UP SOON SO DON'T FORGET TO BUG YOUR GSR'S." APRIL 4-6TH @ RAMADA BIRMINGHAM AIRPORT, 5216 MESSER AIRPORT HWY, BIRMINGHAM, AL 35212.

○ WE STILL NEED CHAIRS FOR INTERGROUP BREAKFAST AND EAT AND SPEAK. MINIMUM SOBRIETY REQUIREMENT OF ONE YEAR. JAMIE AND SUZIE WILL ASSIST NEW CHAIRS THROUGHOUT.

● CO-CHAIR REPORT (SUZIE B):

○ NOTHING TO ADD. JAMIE COVERED ALL WELL.

● DCM REPORT (BRAD A):

○ DISTRICT 14 COMMITTEE HAVE FORMED AN AD HOC COMMITTEE TO PUT TOGETHER A GSR WORKSHOP. THEY HAVE DEVELOPED MOST ALL OF THEIR CONTENTS, SLIDES, AND POLISHING THEIR PRESENTATIONS. THE GSR WORKSHOP WILL BE ON SATURDAY, MARCH 1ST FROM 10:00AM – 12:00PM @

MARY ESTHER UNITED METHODIST CHURCH, 703 MIRACLE STRIP PKWY, MARY ESTHER, FL 32569. THIS GSR WORKSHOP IS AIMED TO ORIENT NEW GSR'S WITH WHAT IT IS THEY CAN EXPECT TO DO, HOW THEY CAN DO IT, ACQUAINT THEM WITH THE GOINGS ON, NOT ONLY AT THEIR HOME-GROUP LEVEL, BUT ALSO AT THE DISTRICT AND AREA LEVELS. THE AD HOC COMMITTEE PLANS TO TIE IN THE NEXT AREA ASSEMBLY'S PRECONFERENCE INPUT TO THE DELEGATE. BRAD PROVIDED A BRIEF EXPLANATION OF PRECONFERENCE AGENDA ITEMS. EACH COMMITTEE IN A.A. GETS ASSIGNED AGENDA ITEMS WHICH ARE BASICALLY TOPICS THAT GROUPS EITHER CONSIDER, DISCUSS, OR DECIDE UPON THAT HELP STEER THE COURSE OF AA. "A.A. IS DRIVEN FROM THE INDIVIDUAL ALL THE WAY UP TO GENERAL SERVICE OFFICE. WE INFORM THEM, THEY DO NOT TELL US WHAT TO DO, AND THIS IS HOW WE DO IT."

AS SOON AS BRAD RECEIVES AGENDA ITEMS, HE WILL GET THEM OUT TO GROUP GSR'S. IN THE GSR WORKSHOP, THEY WILL DISCUSS HOW YOU CAN GET YOUR GROUP CONSCIENCE UP THERE IF A GROUP GSR CANNOT ATTEND.

○ BRAD ANNOUNCED, THE REVISED A.A. GENERAL SERVICE MANUAL WHICH NOW CONTAINS THE TWELVE CONCEPTS, HAS COME OUT IN ENGLISH, SPANISH AND FRENCH PRINT.

● HOTLINE REPORT (JANNA K): NOT PRESENT.

● ODAAT REPORT (JENNIFER D):

○ THE NEWSLETTER HAS BEEN REFORMATTED. FOR COST EFFECTIVENESS, PRINT IS NOW IN BLACK AND WHITE, AS WELL AS, ONLY ESSENTIAL INFORMATION. SHE IS OPEN TO SUGGESTIONS. WE CAN FIND THE SUBMISSION EMAIL IN THE NEWSLETTER'S LETTER FROM THE EDITOR. PLEASE SEND SUBMISSIONS BY THE 20TH OF EVERY MONTH.

○ JENNIFER REQUESTS THAT BIRTHDAY SUBMISSIONS ARE EMAILED IN THE FOLLOWING FORMAT... IN SUBJECT HEADING... YOUR GROUP'S NAME. EXAMPLE: HAPPY HOUR GROUP IN EMAIL BODY... PUT NAME, MONTH, DAY, AND YEAR. EXAMPLE: SUJI G - 06/07/2022

o If anyone wishes to submit anything special, please email, text, or call.

o Motion to accept report, seconded, and approved.

● IG Breakfast Report: N/A

● Web Servant Report (Bobby C):

o All going well, No update since January 11th He posted some flyers under "Local Events." Everything else going smoothly.

● Eat & Speak Report: N/A

OLD BUSINESS:

• Jamie L. stated, we still need a chairperson for the quarterly Eat and Speak and for the monthly Intergroup Breakfast. The Eat and Speak is coming up, March 29th. The next Intergroup Breakfast, March 2nd. Have groups in place for both in March.

NEW BUSINESS:

● Suji G (Secretary) read Suzie B.'s motion for Intergroup ODAAT to have stipend of \$75.00 a month for printing our Intergroup ODAAT's. Jamie L. provided background information... previously, \$45.00 a month but only able to get about 40 copies, and we would just like to get more copies. He added, "I don't think we have a big issue with doing black and white. We'd like to get some copies over to the clubhouse. We'd like to get some copies to give to our DCM. So we just need a little bit more money because \$40.00 just covered these black and whites." There was discussion and voted on motion... 10 in favor, 1 opposed. Amber H. shared her minority voice... asked for clarification of past copy amounts. Jennifer D (ODAAT Chair) explained, content amounts of newsletters will vary. Currently, she hadn't included pages which will be included in future newsletters. Amber H. changed vote to, yes. Motion passed.

• On behalf of Suzie B., Suji G. read the motion for the Intergroup Chair to have \$500.00 + to pay for 2024 income tax preparation and pay tax exemption number for 2025 and 2026. Jamie explained, Linda W. had called to say it was going to be \$500.00+ and she did not have an exact number. She said going by what she had last year and it was a little over \$500.00 so that is why he does not have an exact number. There was a brief discussion. Mainly, we really do not have a choice to not vote in favor. All were in favor for Linda W. to take care of our H&R tax exemption and our 2024 taxes for \$500.00+

GROUP REPORTS:

● Miracle Group (Mike M) three anniversaries this month already in the ODAAT. They celebrate birthdays on the last Tuesday of the month with pie for anyone that wants to come out and celebrate with them. Rest of the Tuesdays, they have a guest topic speaker who shares something from the first 164 pages. First Tuesday of the month is, Speaker night. Last Speaker was Dave H. from Buster's for Sobriety. They will be hosting the Eat and Speak on March 29th. Average attendance is 15 to 25 people. Tuesday's @ 8:00pm @ St. Mary's Parish Life Center, 165 Coral Drive SW, Fort Walton Beach, FL 32548.

● Community Group in Mossy Head (Lynn A) they meet on Wednesdays @ 7:00pm and Sundays @ 6:00pm. Having an Eat and Speaker meeting on March 30th. Doors open at 5:00pm, dinner at 5:30pm, and 6:00 Speaker. They are celebrating Mossy Head's 27th anniversary and also celebrating Russ' 40th birthday. Having corned beef and cabbage. Mossy Head Community Center, 63 Stewart Circle, DeFuniak Springs, FL 32435.

● Early Risers Group (Gene L) they meet at 7:00am Mon-Sat @ St Augustine's Episcopal Church, 7810 Navarre Parkway in Navarre, FL 32566. On Sundays, they meet at 6:30am @ Navarre Beach Sea Turtle Pavilion, 8739 Gulf Blvd, Navarre FL 32566. Upwards to 40 people in their groups on Friday and Saturday mornings.

• An AA Group (Amber H) meetings on Mon, Weds, and Fri @ 8:00am @ Christ the King Episcopal Church, 480 North County Highway 393, Santa Rosa Beach, FL 32459. They are a Big Book study group. They have 19 home-group members. Attendance between 10 and 15. Had one Feb birthday today, James with 20-years. In March, have Bobby J. 3-years, Hannah B. 4-years, Clint J. 19-years, and JH with 1-year. They are doing real well.

● Primary Purpose Group (Elizabeth) they meet @ United Methodist Church, 703 East Miracle Strip Pkwy, Mary Esther, FL 32569 on Thursdays and Saturdays at 6:30pm. Thursday meetings are really interesting as they have step meetings on two Thursdays of the month and a newcomers meeting the first Thursday of the month, which is going really well. "It's an awesome meeting if you want some newcomer energy, come on out to it. And if you have a newcomer, bring them with you." On the third Thursday of the month, they have a traditional meal.

● Buster's for Sobriety (Cathy J) meet every day at 8:00am @ Jackacuda's Seafood & Sushi, 36120 Emerald Coast Parkway, Destin, FL 32541. They celebrate birthdays as they come.

● Lakeview Group (Suzie B) they are doing okay. Have about 12 to 15 people attending the meetings but they only have 3 members. No birthday this month. Last Thursdays of every month are Speaker meetings. Speaker this month is Bobby J. from An AA Group. Located @ First Presbyterian Church, 1063 Circle Drive, DeFuniak Springs, FL 32435.

● Happy Hour Group (Bobby C) Mon-Fri @ 5:30pm. About 20 to 25 attending and they are doing good! Located @ Alano Club, 52 Beal Parkway Northwest, Fort Walton Beach, FL 32548. Next Intergroup meeting on March 17, 2025 @ 6:30pm @ Central Office/Intergroup, 24 Hollywood Blvd SW, Suite 3 (850) 244-2421 To Attend on Zoom - Meeting ID: 854-8645-8921 Password: service Closed @ 7:15pm with the "We" version of Serenity Prayer

Treasurer's Report

GROUP CONTRIBUTIONS

Total Expenses	\$2,089.45
Begining Checking Balance	\$11,372.13
Income	\$2,565.68
New Checking Balance	\$11,848.36
Prudent Reserve (Savings End Bal.)	\$7,505.24

The Long Form Version of Tradition 6 in AA

AA has a long-form version of all its traditions that explains each in more detail. Here's the long form of Tradition 6:1

"Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A. - and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one."

EVENTS



GSR / SERVICE WORKSHOP

Presented by Dist. 14

Saturday, March 1
10am-12pm

Learn more about the GSR role and
let us help demystify the AA
Service Structure.



Snacks and beverages will be provided. Of
food contributions are welcome!



Mary Esther United Methodist ~ 703 Miracle Strip Parkway ~ Mary Esther, FL 32569

Area 1 District 14

Intergroup Breakfast & SPEAKER!



Hosted by: Weekenders Group
Speaker: Linda W.

Sun March 2nd

Breakfast @ 9:30am \$9.00
Speaker @ 10:30am

Amyvets Post 78
910 Valastics Ave
Valparaiso, FL 32580

Recovery Unity Service



Area 1 District 14

Sat March 29th

Eat & Speak

Hosted by: Miracle Group

Fellowship @ 5:00pm

Potluck Dinner @ 5:30pm

Al-Anon Speaker: Elia S. (TGIF) @ 6:00pm

Raffle & 50/50 @ 7:00pm

A.A. Speaker: Mike K. (Brown Baggers Group) @ 7:15pm

@ First Presbyterian Church
134 Beal Pkwy SW
Fort Walton Beach, FL



Please bring a covered dish to share!

GROUP ANNOUNCEMENTS

WEEKENDERS SPEAKER SCHEDULE (3RD SUNDAY EVENING)

- 03/16/25 5:30PM-6:30PM

SPEAKER CHRIS L HOME GROUP- EARLY RISERS

- 04/20/2025 5:30PM-6:30PM

SPEAKER MARILYN G